

LL46 2022-2023 09/16/2022 to 05/04/2023

## **DRAFT Syllabus**

## **Contact Information**

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# **LL46 Description**

The Leadership Lynchburg Flagship Program is for aspiring or emerging leaders, managers, and first-time supervisors in the Lynchburg region. With full engagement by participants, the curriculum is designed so that attendees walk away with increased self-awareness, leadership acumen and connection with and through the community.

Modified: April 2022

## **Measurable Outcomes**

Upon successful completion of this program, Leadership Lynchburg participants should have:

- 1. A better understanding of their own leadership skills and where they can apply them immediately.
- 2. A deeper community awareness and establishment of meaningful connections.
- 3. Developed collaborative relationships with peers in other organizations and sectors, while learning new approaches to problem solving and uncovering new resources they can call on.
- 4. Confidence as a leader by working on real-world projects through short term teams with tight time frames and limited resources.
- 5. Learned effective teamwork and communication and how to accomplish goals and projects through collaborating with others whose backgrounds, skills, beliefs, appearance, and approach are different from their own.

# **Program Resources**

The Leadership Challenge 5<sup>th</sup> edition

Author: Barry Posner & James Kouzes

Publisher: Wiley ISBN: 0470651725

The 5 Dysfunctions of a Team
Author: Patrick Lencioni

Publisher: Wiley ISBN: 9780787960759

# **Program Content**

This section is an overview of the contents of this program. Additional details will be given at the opening retreat or by emailing Christine or Leighton.

### **Opening Retreat-MANDATORY**

The opening retreat kicks off the 46<sup>th</sup> Leadership Lynchburg program. All those enrolled in the program are required to attend **both** days. The opening retreat will allow to get to know the rest of the LL46 class and get to know the program and groups you will be interacting with over the course of this program.

#### **Adventure Course**

The adventure course is a fun and impactful way to allow the students of the Flagship program to get to know each other. The adventure course will challenge personal fears and anxieties in a safe environment.

#### Mid-Course Retreat

The mid-course retreat provides a deep dive and practice in public speaking while further helping the class connect through the power of story.

## **Monthly Half-day Sessions**

These monthly sessions are the foundation of this course. The class will meet at different off-site locations and hear from local leaders regarding leadership competencies and emerging regional issues and opportunities. LL46 participants will learn different leadership styles, the community and problems we deal with, and the great things this region has to offer. Students are permitted to miss no more than two sessions or the equivalent in time.

#### Team Project

The team project allows the participants to apply learning real time. Each group will identify, discuss and form a solution to a problem in the greater Lynchburg region. Participants will meet outside of the regular sessions and should be expected to put in around 30 extra hours between September-May into this project.

## **Graduation**

Graduation brings together all participants, their supervisors/CEO's, community leaders and program staff to celebrate the accomplishments of the class.

# **Program policies**

In general, regular and punctual attendance is expected at all Leadership Lynchburg events. However, at times, students may miss class.

- 1. Students are not permitted to miss more than two sessions or the equivalent number of hours.
- 2. Students may not miss the opening retreat on **September 16-17 for any reason.**
- 3. The opening retreat is crucial to this program for foundational learning, the personality debrief and the forming of each team. Students must be an active participant in all sessions, but especially in the group project portion.
  - a. Team project participation will involve meeting and activities outside of regular program sessions and is likely to require 30 or more hours over the course of nine months.
- 4. Students are expected to interact with other participants and staff with a positive attitude towards the program and the successful completion thereof.

# Leadership Lynchburg 46 DRAFT Schedule with Themes (Subject to change based on COVID and Speaker Availability)

Day	Date	Time	Subject	Location
TH	September 8	5:15-7	Opening Reception- Meet	Lynchburg Regional
		p.m.	Your Classmates!	Business Alliance
F	September 16	8 <sup>30</sup> -5 <sup>00</sup>	Opening Retreat Day 1	Florence Elston Inn, Sweet
			*Mandatory	Briar College
			Core Competencies:	-
			Understanding self &	
			understanding others,	
			Connecting & building	
			relationships, building trust	
S	September 17	8 <sup>30</sup> -1 <sup>00</sup>	Opening Retreat Day 2	Florence Elston Inn, Sweet
			*Mandatory	Briar College
			Core Competencies:	
			Effective teams, DEI	
F	September 30	8 <sup>30</sup> -5 <sup>00</sup>	Adventure Course	University of Lynchburg
	(Rain date,		Core Competencies: Effective	. , 3
	October 3)		Communication, problem	
			solving, teamwork, challenging	
			the process	
TH	October 20	1130-	Session 1	TBA
		500	*Subject History of LYH and	
			Economic Development	
			Core Competencies:	
			Communicating with	
			impact/selling your ideas,	
			Time management	
TH	November 17	11 <sup>30</sup> -5 <sup>00</sup>	Session 2	TBA
			*Healthcare	
			Core Competencies: Effective	
			Teamwork, Project & Crisis	
			Management	
TH	December 8	7 <sup>30</sup> - 1 <sup>30</sup>	Session 3	Lynchburg Regional
		Note time	*Education/Workforce	Business Alliance
		of this session as	Core Competencies: Effective	
		it's	Communication, Change	
		different	Management, How to	
		from the	Encourage the Heart, Effective	
		others.	Teamwork	
TH	January 19	11 <sup>30</sup> -2 <sup>00</sup>	Session 4-VIRTUAL	TBA

			Connecting and impacting your workplace in a hybrid and virtual world  Core Competencies:	
			Influence, Impact, Enable	
			Others to Act, Encourage the	
			Heart, Model the Way,	
			Effective Teamwork	
F	February 17	8: <sup>30</sup> -2	Mid Course Retreat	Florence Elston Inn, Sweet
				Briar College
TH	March 2	11 <sup>30</sup> -5 <sup>00</sup>	TBA Session 4	
			*Culture, EQ & Leadership	
			Core Competencies: Tapping	
			into and utilizing emotional	
			and social intelligence,	
			effective influence	
TH	March 16	11 <sup>30</sup> -5 <sup>00</sup>	Session 5-Team presentations	Lynchburg Regional Business Alliance
TH	April 6	11 <sup>30</sup> -5 <sup>00</sup>	Session 6-Team presentations	Lynchburg Regional
				Business Alliance
TH	May 4	11 <sup>30</sup> -5 <sup>00</sup>	Session 7-Final Session	TBA
			*Living your Why & the Power	
			of Vision	
			Core Competencies:	
			Inspire a Shared Vision,	
			Identifying how to have	
			impact and influence, Personal	
		-	Growth, Living your Why	
TH	May 18	5-8 <sup>30</sup>	LL46 Graduation Night	TBA